

Free things to do



There are numerous free things to do over the two days of the show.

Pictures: SAA

You don't need to spend another penny – enjoy hundreds of activities for free

A family day out at the show doesn't have to be expensive – because there are so many things visitors of all ages can do for free!

How many of our **100 free things** will you get involved in during your visit?

1. Pick up a free show guide or download the free show app
2. Look out for Titan the giant robot in the avenues
3. Sit in a huge new tractor or combine harvester
4. Climb a wall in the Military Discovery Zone
5. Sample the very best of locally produced food, to eat in or take away!
6. Cuddle a giant rabbit or hold a day-old chick
7. Watch a heavy horse get plaited up for the show rings
8. Meet a young farmer and watch them roll bales for fun
9. Enjoy a cold beer while sitting on the Adnams beach with sand between your toes.
10. See what school-aged children have created in the Schools Show Garden Competition
11. Stroke the majestic Suffolk Punch horses – and their cute foals too!
12. Watch the dog agility and then have a go with your own pooch
13. Take in the sight and smell of a

Ransomes steam engine built in Ipswich 100 years ago

14. Cheer out the Shetland Pony Grand National jockeys
15. Play noughts and crosses with an underwater diver
16. Find out what a career in agriculture has to offer
17. Watch sheep being shorn and learn about the different breeds
18. Bring a picnic or sit in one of the show's new catering areas while listening to live music
19. Watch gundogs working in and around the water
20. See bees working in a hive and all the honey tent has to offer
21. See all the different rabbit breeds up close.
22. Watch students compete in the Suffolk Skills Zone
23. Watch the Wye Valley Axemen demonstrations in the new Forestry Ring
24. Arrive early to see the livestock being washed and blow dried ready for showing
25. Watch top class show jumpers jump the Orwell Bridge... or a version of it!
26. Get up close and personal with an Apache helicopter and its pilot!
27. Be amazed by the floristry and displays in the Glasswells Flower and



Garden Show

- 28.** Look out for some famous celebrities
- 29.** Stay late on the first night and enjoy the 'Blues Brothers' Tribute band and a drink or two
- 30.** Bring your dog and look round the new stands in the dog walk area
- 31.** Walk in free if you are under 15
- 32.** Watch the thrilling Inter-Hunt Relay in the Collins Grand Ring
- 33.** Admire our livestock young handlers starting out in the show rings
- 34.** Stroll through the Hopkins Homes Art Show and out to the sculpture garden
- 35.** Sample - and maybe buy - some goodies in the Adnams Food Hall
- 36.** Sit and relax in the Cookery Theatre and pick up new ideas to try at home
- 37.** Watch chainsaw carving at its very best
- 38.** Admire the Show Hunter judges trying out all those horses in the ECR Trinity Ring
- 39.** Watch the action in the Grand Ring and from around the show on the new big screen
- 40.** Join up to be a Young Farmer at the Udder Barn
- 41.** Watch goats climb the goat mountain
- 42.** Have a go at the treasure trail and win some great prizes for all the family
- 43.** Learn how to build and programme a robot with West Suffolk College
- 44.** Take a ride on the Landrover 'Off Road' course – which is not for the faint hearted
- 45.** Make a pizza from scratch
- 46.** Have a go in a simulator
- 47.** Sit in a real WWI ambulance or lorry
- 48.** Wear a VR headset in the BT tent and experience a view from a drone or racing car
- 49.** Milk a cow, or watch someone else doing it
- 50.** Check out the latest fashions on the pink carpeted Fifth Avenue
- 51.** Sample your favourite tippie in the Greene King Eat Street
- 52.** Find out all about life in Suffolk 300 years ago in the 'Looking Back' display area
- 53.** Visit the Lifestyle Pavilion for some great inspiration for your home
- 54.** See the rare sight of the stunning



coaching teams of four horses

- 55.** Watch the ferret racing in the Clydesdale Bank Horse and Country Ring
- 56.** Be thrilled by the skills of the Bolddog Lings motorbike display team in the Grand Ring
- 57.** Wander through ancient woodland and try hands on activities in the wildlife area
- 58.** Admire the stunning show gardens – the best outside of Chelsea
- 59.** Watch a thatcher at work
- 60.** Find one of our selfie boards for a funny photo with your friends
- 61.** Witness wonderful people from our industry receive their long service awards
- 62.** Ask for directions from one of our 340 volunteer stewards, all dressed up!
- 63.** Don't miss the sheep shed - lean over

the pens and touch them too!

- 64.** Wander through the machinery lines and see what is on offer. It's not just for farmers
- 65.** Chat to your local radio presenters
- 66.** Browse our 700 trade stands, everything from rural crafts to latest fashions
- 67.** Come on your bicycle for the free parking at the main Felixstowe Road entrance
- 68.** See the art of willow weaving alive and well
- 69.** Skip with the Skip Beatz guy in the Seckford Foundation Sports Plus area
- 70.** Watch Heavy Horses being ridden
- 71.** Admire the South Devon cattle at their special national classes this year
- 72.** Have a go at playing Foot-golf or archery in the Sports Plus
- 73.** Support the re-trained racehorse classes
- 74.** Don't miss the Grand Parade – a spectacular display of all the champions
- 75.** Watch sheepdogs round up ducks
- 76.** Stroke a calf, lamb or piglet – then wash your hands!
- 77.** Discover the work of the Rare Breeds Survival Trust and meet its animals
- 78.** Watch the final of the Suffolk Farming School of the Year competition – who will win?
- 79.** Cheer on the Skinners Petfoods Terrier racing in the President's Ring
- 80.** Meet a fireman and sit in a fire engine
- 81.** Visit the Women's Institute and see what it has created this year
- 82.** Cheer on the Young Farmers Tug of War competition



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- 83.** Ride a buggy if your feet get weary
- 84.** See (and smell) horses being shod with freshly made shoes
- 85.** Chat to a soldier and discover what life is like in the forces
- 86.** Have a go on a mini-digger in the Farm Discovery Zone
- 87.** Try some Pilates or tension relaxation exercises in Sports Plus
- 88.** Tweet, post and message your friends what you see, so they know what they're missing out on!
- 89.** Stroke some hounds when they come out in the parades in the Presidents



Ring

- 90.** Learn how to ride side-saddle in the Clydesdale Bank Horse and Country Ring
- 91.** Have your face painted or go on a fairground ride
- 92.** Have a go on the 'Air Drop' in Sports Plus if you dare!
- 93.** Try and balance on a slack line
- 94.** Watch the scurry teams racing against the clock
- 95.** Watch the local Mascot Derby – always hilarious fun

- 96.** Learn how the professionals climb huge trees with Easton & Otley College
- 97.** Visit the goat and pig tents and see the different breeds
- 98.** Learn how people cooked with rations and in a kitchen from 100 years ago
- 99.** Meet a farmer in the Farm Discovery Zone and ask him loads of questions
- 100.** Eat, drink and celebrate our great county at stalls all across the show ground - there's something for everyone.

